





negative resources



simple carbohydrates

throw a positive resources card

negative resources



simple carbohydrates

throw a positive resources card

negative resources



simple carbohydrates

throw a positive resources card

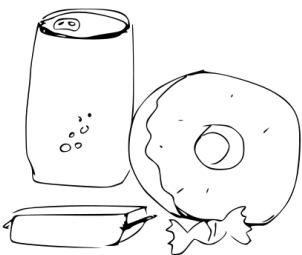
negative resources



simple carbohydrates

throw a positive resources card

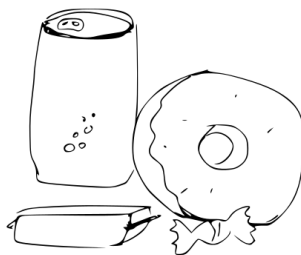
negative resources



high sugar

throw a positive resources card

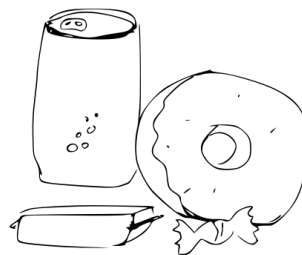
negative resources



high sugar

throw a positive resources card

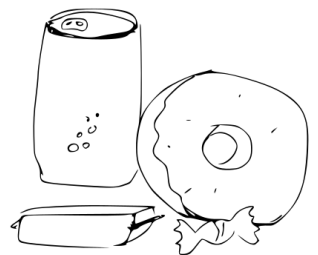
negative resources



high sugar

throw a positive resources card

negative resources



high sugar

throw a positive resources card

negative resources



saturated fat

throw a positive resources card

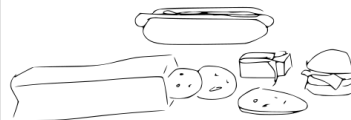
negative resources



saturated fat

throw a positive resources card

negative resources



saturated fat

throw a positive resources card

negative resources



saturated fat

throw a positive resources card

negative resources



simple carbohydrates

throw a positive resources card

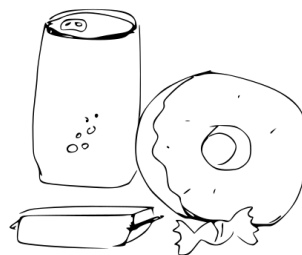
negative resources



saturated fat

throw a positive resources card

negative resources

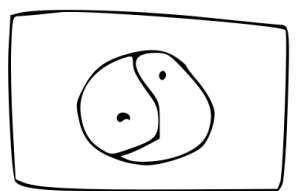


high sugar

throw a positive resources card

learning

cost :  
water 2  
supplement 2  
unsaturated fat 2  
complex carbohydrate 2

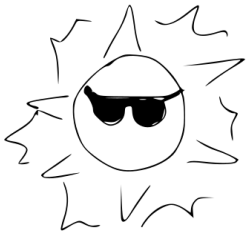


relaxation training

cancel the effect of stress cards



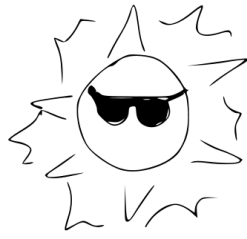
well-being



sun bath

can be use as a "supplement" positive resource [vitamines D]

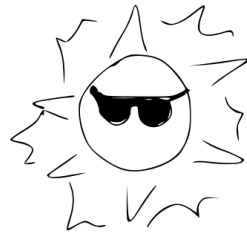
well-being



sun bath

can be use as a "supplement" positive resource [vitamines D]

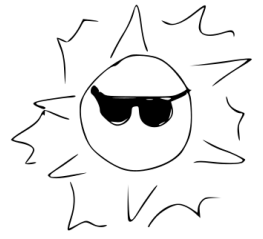
well-being



sun bath

can be use as a "supplement" positive resource [vitamines D]

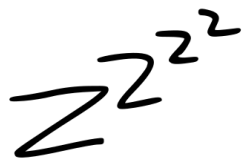
well-being



sun bath

can be use as a "supplement" positive resource [vitamines D]

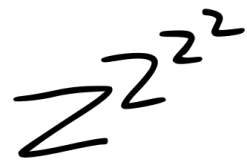
well-being



nap

remove a negative resource

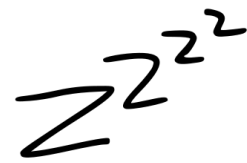
well-being



nap

remove a negative resource

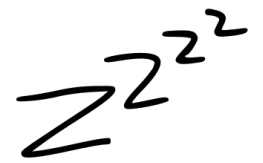
well-being



nap

remove a negative resource

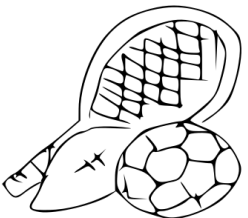
well-being



nap

remove a negative resource

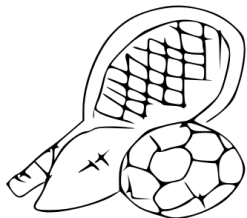
well-being



sport

remove a negative resource

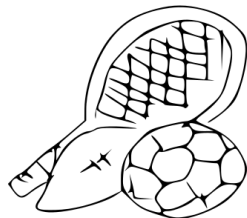
well-being



sport

remove a negative resource

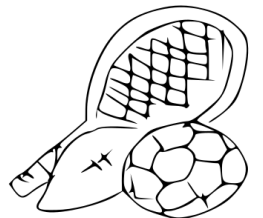
well-being



sport

remove a negative resource

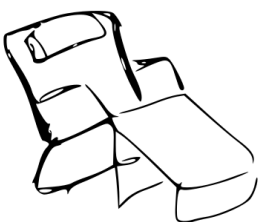
well-being



sport

remove a negative resource

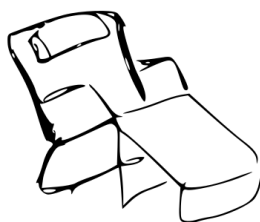
well-being



holidays

pick twice the number of resources card

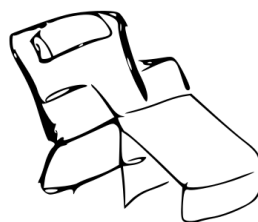
well-being



holidays

pick twice the number of resources card

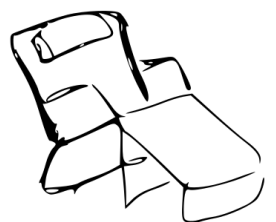
well-being



holidays

pick twice the number of resources card

well-being



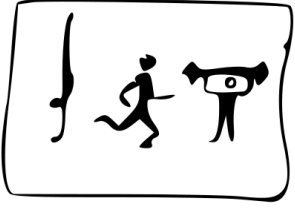
holidays

pick twice the number of resources card



cost :  
water 2  
supplement 2  
unsaturated fat 2  
complex carbohydrate 2

### learning

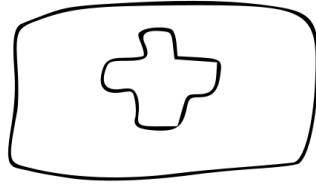


advanced sport course

pick twice the number of well being resources cards

cost :  
water 2  
supplement 2  
unsaturated fat 2  
complex carbohydrate 2

### learning

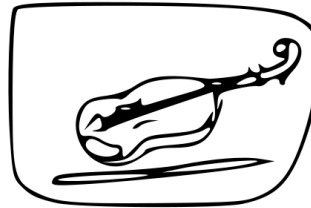


first aid training

leg alle stresskaarten terug

cost :  
water 2  
supplement 2  
unsaturated fat 2  
complex carbohydrate 2

### learning

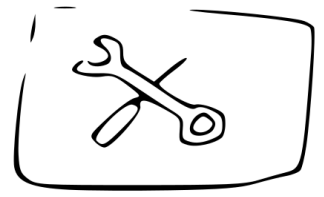


advanced musical course

pick twice the number of well being resources cards

cost :  
water 2  
supplement 2  
unsaturated fat 2  
complex carbohydrate 2

### learning



do-it-yourself training

cancel the effect of stress cards

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



road safety

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



political studies

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



math

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



math

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



music

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



drawing

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



geography

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



history

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



handicrafts

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



sport

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



biology

cost :  
water 1  
supplement 1  
unsaturated fat 1  
complex carbohydrate 1

### learning



citizenship





positive resources



unsaturated fat

positive resources



unsaturated fat

positive resources



unsaturated fat

positive resources



unsaturated fat

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



vitamin D

supplements

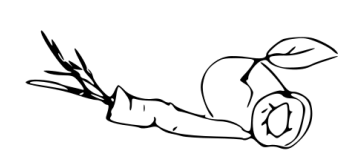
positive resources



vitamin C

supplements

positive resources



vitamin A

supplements

positive resources



magnesium

supplements

positive resources



water

positive resources



water

positive resources



water

positive resources



water



positive resources



water

positive resources



water

positive resources



water

positive resources



water

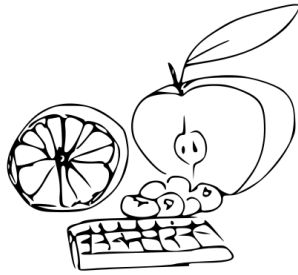
positive resources



vitamin B12

supplements

positive resources



antioxydant & flavonoid

supplements

positive resources



vitamin B6 & folate (B9)

supplements

positive resources



antioxydant & flavonoid

supplements

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



complex carbohydrate

positive resources



unsaturated fat

positive resources



unsaturated fat

positive resources



unsaturated fat

positive resources



unsaturated fat

