



Welcome to the bird academy, I am the director of the school.



We are delighted to welcome you to this special academy where knowledge and wisdom has been gathered for many, many centuries



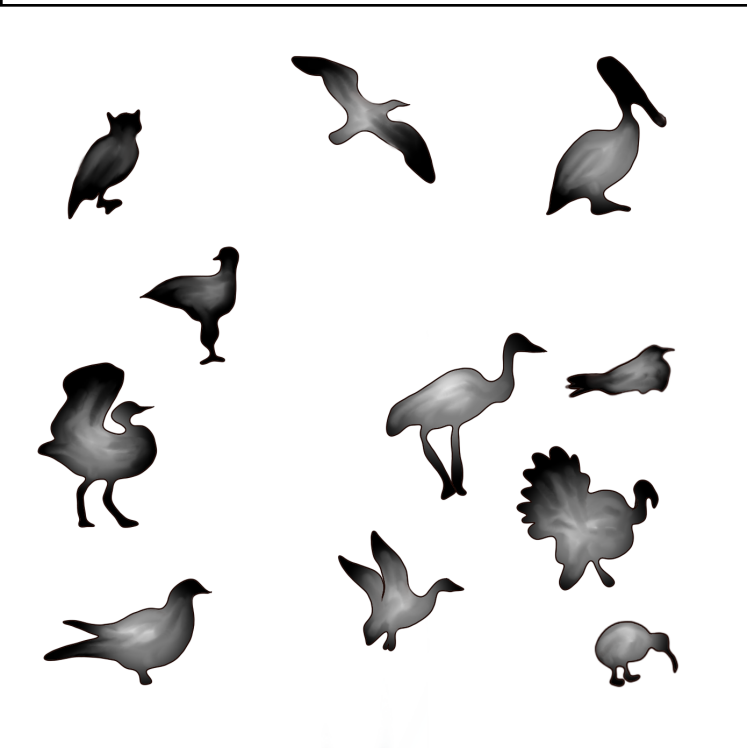
In fact, dating back to prehistorical times, birds have survived all types of catastrophes whether caused by Mother Nature, or more recently by humans. Our skills have been selected by our environment in order to find food and avoid predators in various ways.



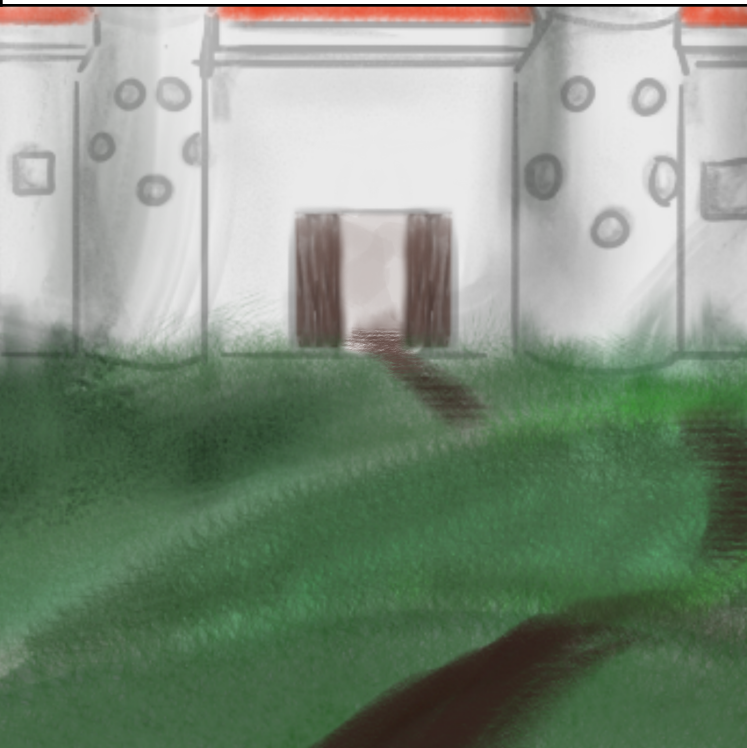
For example, birds can make long trips across the sky to continue living in an area with a comfortable temperature, also known as the migration.



Several of our skills are based on biology, they are innate. For example, the ability to sense the land for seabirds, to sense the north for migrating birds and so on.



Aside from a large variety of skills, birds are physically also are very diverse, we come in various sizes, colours, and shapes.



Aside from making use of our skills and appearance that are largely based on our biology, we show abilities to learn. In this academy, we aim to teach some skills and method that are useful for anyone.

As these lessons are not just beneficial to birds, the bird academy has diversified its student population and opened up our academy to human children, starting as of today



Now, young students, we know that you don't have wings, so there will be no lessons on flying

We also know that you don't have a magnetic sensor in the eyes like birds, so neither will you learn about how to sense north.

No, no, we will teach you about how to regulate your emotions, how to be mindful, how to recover your attention and perceptiveness when you lose focus and much more. Each skill will be taught by a teacher specialising in that skill. From them you will discover and learn from them how to better manage better your own life by being more adaptive to our environment.

Have a go, explore and discover the different rooms, teachers and their knowledge and exercises! Learn and enjoy!



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